

Who we are: BHSN is a trusted non-profit community behavioral and mental health provider. Our work began in the North Country in 1874, and we have since expanded our care and support to the Capital Region.

What we do: Behavioral Health Services North (BHSN) is committed to strengthening individuals, families, and community life by delivering a behavioral health care and human service system that provides an integrated continuum of essential, responsive, and cost-effective services.
We partner with individuals and communities to promote healing, recovery, and wellness through compassionate evidence-based behavioral health care that honors the dignity and potential of every person we serve.

What services we provide: See Online Resource Binder:
<https://brief.essexcountyny.gov/>

Contact Person: For marketing purposes, tabling, and behind the scenes:
Ally Baker-Assistant Director of Marketing
Abaker@bhsn.org
518-563-8000 ext. 2131
All other inquiries about resources should be directed to our main line at 518-563-8000

Is a referral needed? Different Programs have different referral processes. The website helps walk people through the referral process on each program's page. Self-referrals are accepted for many of our programs as are provider referrals and referrals from DSS and other legal institutions.