

LONG-TERM SERVICES

WHAT ARE LONG-TERM CARE SERVICES?

Long-term care services may include the medical, social, housekeeping, or rehabilitation services a person needs over months or years to improve or maintain function or health. Such services are provided not only in nursing homes, but also in patients' homes or in community-based settings such as assisted-living facilities.

New York State has many services and programs as alternatives to nursing home care. Both medical and non-medical care may be received at home or in residential settings, and can range from simple (light housekeeping) to complex (nursing care or physical therapy) services.

WHO CAN RECEIVE WHICH SERVICES?

You may be able to receive a service or participate in a program through your private health insurance, a managed care agency, Medicaid or Medicare - depending on whether you are financially and medically eligible and meet the criteria of the service or program you are interested in - or by paying for it yourself.

- Some services are available to persons who are eligible for Medicaid, have Medicare coverage, use their own funds ("private pay"), or have private health or long-term care insurance.
- Some services are available *only* to persons who are eligible for Medicaid.

WHO IS ELIGIBLE?

This program is available to individuals who are medically eligible for placement in a nursing home and choose to receive services at home. These individuals must have care costs which are less than the nursing home cost in the county.

CONSUMER DIRECTED PERSONAL ASSISTANCE PROGRAM (CDPAP)

This Medicaid program provides services to chronically ill or physically disabled individuals who have a medical need for help with activities of daily living (ADLs) or skilled nursing services.

- Services can include any of the services provided by a personal care aide (home attendant), home health aide, or nurse.
- Recipients have flexibility and freedom in choosing their caregivers.
- The consumer or the person acting on the consumer's behalf (such as the parent of a disabled or chronically ill child) assumes full responsibility for hiring, training, supervising, and – if need be – terminating the employment of persons providing the services.

HOW DO I ACCESS THE CONSUMER DIRECTED PERSONAL ASSISTANCE PROGRAM?

Anyone 18 years of age and over can receive services, they must have a community health assessment and clinical appointment completed by the New York Independent Assessor (NYIA) to determine whether the recipient can appropriately participate in CDPAP.

People under 18 years of age can receive services, but their doctor must send a completed Physician's Order for Services to the local social services district, which then completes a community health assessment to determine whether the recipient can appropriately participate in CDPAP.

REQUIREMENTS OF CDPAP

Recipients must be able and willing to make informed choices regarding the management of the services they receive, or have a legal guardian or designated relative or other adult able and willing to help make informed choices.

The consumer or designee must also be responsible for recruiting, hiring, training, supervising and terminating caregivers, and must arrange for back-up coverage when necessary, arrange and coordinate other services; and keep payroll records.

This program is available through Medicaid, private payment, and some health insurers.

PERSONAL CARE SERVICES PROGRAM (PCS)

- Provides the following services:

- housekeeping
- meal preparation
- bathing, toileting
- grooming

WHO PROVIDES THE SERVICES AND HOW DO MEDICAID-ELIGIBLE PERSONS ACCESS THEM?

Medicaid managed care organizations and local departments of social services contract with home-care agencies that employ aides to provide Medicaid funded personal care services. New York State oversees the local departments of social services administration of their personal care services program.

Before a person:

- 18 years of age and over can receive services, they must have a community health assessment and clinical appointment completed by the New York Independent Assessor (NYIA) to determine whether they are eligible for PCS.
- under 18 years of age can receive services, their doctor must send a completed Physician's Order for Services to the local social services district, which then completes a community health assessment to determine whether they are eligible for PCS.

HOW TO GET STARTED:

The New York Independent Assessor (NYIA) **855-222-8350** is the starting point for adult Medicaid recipients needing assessment for personal care and consumer directed personal assistance.