



**Mental Health Association
in Essex County, Inc.**
6096 State Hwy 9N
Westport, New York 12993
(518) 962-2077
mhainessex.com

**Who we
are:**

MHA Essex provides services to individuals over the age of 18 with the exception of CORE Peer Services which the minimum age is 21. Although we can't provide Medicaid billable CORE services to individuals under 21 we do have certified peers who can provide non-billable services under some of our other programs.

**Any individual regardless of age is welcome to call our 24/7 Hopeline
at 800-440- 8074.**

**What
services we
provide:**

Please see the backside of this page for a list of services

**Contact
Person:**

Michael Gaddor
Office: (518) 412-6157
Cell (518) 572-4122

**Is a
referral
needed?**

Please fill out a Permission to Contact Form

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MHA Services Available to Young Adults

Mobile Crisis Services:	are available to all individuals who have reached their 18th birthday. Services are accessed via the MHA website and clicking on the box Are You in Crisis.
Mobile Crisis Referral	https://form.jotform.com/220255430321137
	MHA's mobile crisis staff includes Certified Recovery Peer Advocates who have lived experience with opioid use disorder and we outreach all individuals identified by OD Mapping in Essex County. Our staff do not provide substance abuse services but we have extensive experience in linking individuals with substance abuse services and can facilitate same-day buprenorphine prescriptions. We also host the Alliance for Positive Health the 4th Monday of every month for a needle exchange from 4:30 pm to 6:30 pm at our Westport building.
Health Home Case Management Services:	are accessed via an AHI Community Referral Form (attached) and are provided to individuals with 2 chronic conditions and/or are severely and persistently mentally ill. Case managers are experienced at obtaining and maintaining benefits, advocating with providers, and assisting individuals with social determinants of health
Non-Medicaid Case Management Services:	are accessed via an Essex County Single Point of Entry (SPOA) application (attached). Individuals without Medicaid or who have not yet obtained Medicaid receive these case management services until they are eligible for health home case management services.
Supported Housing Services:	are also accessed via a SPOA application. Rental stipends equal to 70% of the individual's housing costs are paid by MHA until the individual becomes eligible for HUD housing assistance. During this period the individual is visited a minimum of monthly to work on client-centered goals and objectives
Health & Recovery Center:	services are available via a simple 1 page referral (attached) and consist of weekly opportunities for socialization. Hybrid psychosocial groups happen each Wednesday from 10:30 am to 2:00 pm. Consumers who wish to attend in person are provided transportation. Light snacks and coffee are provided. During the summer MHA has picnics for consumers at various local parks. Typically, about 20 consumers attend and we would love to see some young people at groups. This is where consumers network with each other and develop support networks. Consumers who attend our H&R Center have certified peers available to them as well as computer equipment with internet access.
Education & Employment Services:	are available via our 1 page referral form to all adults over the age of 18. Education services can involve assistance with obtaining a GED, registering for college, and actual tutoring in subjects. Employment services can include basic job readiness, job search, advocacy with employers, and job coaching onsite.
Peers in the E.R:	is a new program where ER staff or the patient can request a certified peer to assist the patient in understanding what is going on, provide companionship and empathy, and otherwise make the ER visit less traumatic. Peers in the ER operates weekdays from 3:00 pm to 9:00 pm