



Mountain Lake Services
10 St Patrick's Pl,
Port Henry, NY 12974
(518) 546-3381
mountainlakeservices.org

**Who we
are:**

Mountain Lakes Services' mission is to partner with people of all abilities to live their very best lives. Its vision is to be an inspirational model for advancing people's journey through excellence, innovation, and connections We provide in home, community and certified setting programs and services to those who reside in Essex County New York

**What
services we
provide:**

Please see the backside of this page for a list of services

**Contact
Person:**

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Programs and Services
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Programs and Services
Coordinator
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**Is a
referral
needed?**

A referral form is not required at the time of request. There is an initial consent and referral packet that will be required upon approval of services with Mountain Lake Services

Programs and Services

Residential

Supervised Residences:	Mountain Lake Services supports individuals in supervised residences throughout Essex County. Supervised Residences provide 24-hour supervision. Each person enrolled in the service is provided with the support to pursue their individualized interests and desires, with an emphasis on personal choice.
Supportive Apartment Program:	Mountain Lake Services supports 8 individuals in Supported Apartments in Essex County. The apartments are OPWDD certified, and 24-hour supervision is not required. The overall goal is to assist individuals to live as independently as possible and become an integrated and productive part of their communities.
Cornerstone Program:	The Cornerstone Program was created as a best-practice treatment program for individuals with intellectual and developmental disabilities and sexual boundary violations, living residentially at Mountain Lake Services. The program offers individual counseling, weekly treatment groups, and therapeutic environments in home services settings. The participants have Risk Management Plans to ensure personal and community safety. All individuals in the program are screened for risk manageability by trained Clinicians and through consultation with an international consultant and are based on a philosophy of reduced supervision rather than containment.

Day Habilitation:	Day Habilitation is provided at several locations in Essex County. The program focuses on independent living skills, recreational opportunities, volunteer work, and community involvement. The environment encompasses activities based on individual strengths, desires, and skill level. Services can be provided in a certified site (Site-Based Day Habilitation) or in the community (Day Habilitation Without Walls).	Respite:	Respite provides a reprieve for caregivers. This service can be provided at home or in the community. In addition, there are also respite beds located throughout the agency where overnight respite can be provided at our homes.
Community Habilitation:	This program offers services inside the home and in the community, allowing people to maintain their independence within their community.	Community Pre- Vocational Services:	This program provides skill building for individuals who want to work but face barriers. This program starts with discovery of the individual's interests and then setting up volunteer opportunities along with exploring different job settings and fields.
Individual Supports & Services:	This is a reimbursement program available to individuals who are living in their own home or apartment in the community. This program allows people to maintain their independence.	Supported Employment	This service places people into integrated work sites in the community with support of a Job Coach. The Job Coach gives intensive on-site training and provides individuals with support to ensure successful long-term employment.
Article 16 Clinic:	The Article 16 Clinic provides therapy services to individuals and their collaterals which are habilitation or rehabilitative in nature at six different locations located throughout the Tri-County area. Specializing in Physical Therapy, Occupational Therapy, Speech Therapy, and Mental Health services which include Psychotherapy and Psychiatry services. These services occur at certified clinic sites and provide quality services using experienced and licensed staff.	Fiscal Intermediary:	Fiscal Intermediary Services support those who self-direct their individualized budgets by completing tasks such as billing and payment of approved goods and services, fiscal accounting and reporting, Medicaid compliance, and general administrative supports.
ACCES-VR:	This program assists individuals to achieve and maintain employment.	Family Supports & Services:	This program provides planned and coordinated services to families who have a developmentally disabled family member living at home. This program helps to alleviate the pressures experienced in the home setting. The goal is to assist these families to remain intact for as long as they desire and avoid unnecessary out of home placement. This service is available in many different forms including Reimbursement, Mountain Lake Kids Camp, Autism Behavioral Services and Crisis Services, and Intensive Behavioral Supports.