

MOUNTAIN LAKE SERVICES COMMUNITY SERVICES

*Empowering You and Your
Family to Live Your Best Life!*



A chapter of **The Arc**
New York

Contact us

518-546-3355



SCAN
ME!

10 St. Patrick's Place
Port Henry, NY 12974

Community Habilitation (CH):

This service helps you build and maintain the skills needed to live safely and independently, make friends, and participate in community activities. CH is available for individuals who live on their own and can be provided at home or in the community – Supports include adaptive skill development, daily living assistance, community involvement, travel independence, adult education, social and leisure skills, self-advocacy, and behavior development to help people access their community.

Day Habilitation- Group & Supplemental (DH):

DH services are available to people regardless of where they live and are offered during the day, evenings, and weekends. These services help individuals develop or improve self-help, social, communication, travel, and adaptive skills, as well as adult education. Activities focus on fostering independence, community inclusion, relationship building, self-advocacy, and informed choice, with many participants giving back to their communities through volunteer work.

Hourly Respite:

Caring for others, while rewarding, can also be exhausting. Family members who care for a loved one with a developmental disability can sometimes need a break. Respite services provide temporary relief from the demands of care giving, which can help reduce overall stress. This enables families to better meet the needs of their loved one with a developmental disability. Respite can be provided in the home or out of the home, during the day, evenings or overnight.

Family Supports & Services (FSS):

FSS is available to families to enhance a family's ability to provide in-home care to their family members with an intellectual or developmental disability while providing a quality of life and maintaining the family unit. FSS provides programs and supports to help families keep their loved ones with developmental disabilities safe and living at home while maximizing the potential of the family member. – These services require OPWDD eligibility approval only and can be provided without HCBS waiver approval. FSS can include: Services (respite) and eligible Goods Reimbursement, Crisis Intervention, Autism Intervention, Mountain Lake Kids Camp and/or Healthy Living Program.

Housing Subsidy:

The OPWDD Housing Subsidy Program financially supports individuals who choose to live independently in the community and who meet program eligibility. This program was previously called Individual Supports and Services (ISS).



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