

WIC Unit



WIC is the nation's most successful and cost-effective public health nutrition program. We provide wholesome food, nutrition education, and community support for income eligible women who are pregnant or are parents/caregivers of newborns, infants and children up to five years old.

The program provides a card with benefits (EBT card) for WIC approved foods that can be purchased anywhere accepting WIC; nutrition counseling, breastfeeding support and health referrals to families.

We talk a lot about moms. But we offer support to anyone who cares for a child including:

- Mothers
- Fathers
- Grandparents
- Foster Parents
- Step - Parents
- Legal Guardians
- Adoptive Parents



Hi, I'm Wanda.
I can help you
learn about

Breastfeeding Support:

Essex County WIC Program promotes breastfeeding as the #1 choice for newborn and infant nutrition. Breastfeeding provides your baby with perfect nourishment containing the nutrients and antibodies your baby needs for excellent health. Breast milk is easier for your baby to digest and creates a bond between mother and child. Breastfeeding also has health benefits for the nursing mother.

For WIC Program eligibility, please visit our site essexcountyny.gov/Health/WIC



Collaboration
Integrity
Excellence
Professionalism



HEALTH DEPARTMENT

Home Health Unit

Our Home Health Agency provides home care specific to each individual's needs. Services may include:

- Skilled Nursing
- Wound Care
- Ostomy Care
- Continence Care
- Physical Therapy
- Speech & Occupational Therapy
- Telehealth
- Palliative Care
- Home Health Aides
- PICC and Central Line Care

We coordinate a care plan with families and physicians to meet unique patient needs. Our goal is to prevent hospitalizations and ER visits by providing patients with the knowledge and skilled care to stay in their home. In addition to working with healthcare providers, our staff will coordinate with community services to make sure patients have the services they need to remain independent.

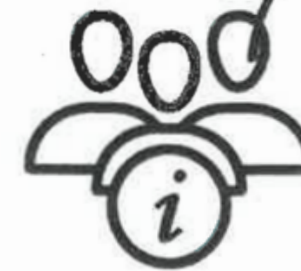
Our 5 STAR staff provide patient and caregiver education based on your individual needs and improve their knowledge of:

- Medications & treatments
- Living with a chronic illness
- Wound care
- Ways to prevent avoidable hospitalizations and ER visits

Learn More



About Us



Healthy People in Healthy Communities



essexcountyny.gov/Health

The Essex County Health Department



Public Health Unit



The Public Health unit conducts six core functions as a local Health Department of NYSDOH.

Community Health Assessment

Community health assessment and community health improvement planning are continuous, systemic processes for assessing and addressing health needs in a community.

A community health assessment (CHA) examines the demographic and health status indicators for a given population to identify key problems and assets in a community. Two important components we always include in our assessment and planning efforts are community engagement and collaborative participation.

Community Health Assessment 2022 and Community Health Improvement/Service Plan 2022-2024 encompasses population health assessment, strategic planning and community mobilization.

Chronic Disease Prevention & Control



Our Department works on chronic disease prevention through policy, system, and environmental change activities. These activities lead to improvements in social and physical environments, support healthy behaviors, and offer opportunities for people of all ages to make healthier choices. We lead or participate in efforts with multiple sectors in the community that target obesity awareness and prevention; promote physical activity and healthy eating; prevent tobacco use; and prevent, detect, control, and manage chronic diseases.

Public Health cont.

Health Emergency Preparedness & Response



Our Department's responsibility is to promote and protect the health of our residents. A critical component we work on is planning for health emergencies caused by deliberate acts, accidents, and naturally occurring events. Health emergencies include but are not limited to terrorist threats, outbreaks of infectious diseases, and biological, chemical, nuclear, and radiological incidents.

Family Health



The health and well-being of families is fundamental to overall population health. Family Health encompasses a broad scope of health conditions, behaviors and service systems in three key areas or "life course" periods: maternal and infant health; child health; and reproductive, preconception, inter-conception health. Our Department provides leadership to improve health outcomes for women, children, and families through assessment, policy development and public health interventions.

Communicable Disease Prevention & Control



Our communicable disease program is designed to minimize the incidence and impact of communicable diseases.

Our activities include:

- Community education
- Conducting surveillance of communicable diseases;
- Investigating suspected or confirmed communicable diseases as reported by mandated reporters (providers, labs, schools, & others);
- Reporting public health communicable disease threats to NYSDOH;
- Verifying diagnoses and identifying sources of infections;
- Minimizing the spread of disease through early identification and prophylaxis of exposed persons
- Our program includes immunizations, STI, and Rabies services.

Learn More



Children's Services Unit

The Children's Services Unit includes three (3) programs:



- Early Intervention Program,
- Preschool Program, &
- Children with Special Health Care Needs Program.



All are designed to help parents and families nurture their children and develop skills.

Early Intervention Program:

The Early Intervention (E.I.) Program serves children from birth through age three (3) who are delayed in their development or have a diagnosed disability. Areas of delay may be in one or more area:

- Physical development – including hearing and vision
- Learning or cognitive development
- Speech or language development
- Social or emotional development
- Self-help skills.

Preschool Program:

This program serves preschool children ages 3-5 years old.

If your preschool child received early intervention services [as an infant or toddler up to age three and may still need special education services]

Children with Special Health Care Needs Program:

This program is for families of children ages birth to 21 who have or may have a serious health condition. The program gives information and referral services for families of children who need health or related services beyond those normally needed by children.

Conditions may be:

- Physical,
- Behavioral, or Emotional.



Learn More

